

Presenting Your Best Self #2: Your Leading Attributes

In just 90 seconds, choose ten or so from the alphabetical list below. Then in 60 seconds, reduce your choices to five. And then in 30 seconds, reduce them to just three.

Adventurous | analytical | animal-lover | animated | academic | articulate | artistic | assertive | athletic

Balanced | business-oriented | busy

Capable | caring | cerebral | community service-oriented | compassionate | competent | confident | conscientious | considerate | courageous | creative | curious

Daring | dependable | detail-oriented | diligent | disciplined | down-to-earth | dreamer

Empathetic | enthusiastic | entrepreneurial | extroverted | explorative

Fitness-oriented | fearless | a finisher | flexible | focused | foodie | friendly | funny | frugal

Generous | go beyond what is expected | good with senior citizens | good with children | grounded

Happy | hard-working | health-oriented | humble | great sense of humor

Imaginative | fiercely independent | intellectual | introverted | involved

Jovial | joyful

Kind | have real know-how | knowledge-seeking

Leader | fast learner | logical | loyal

Mature | mechanically oriented | methodical | modest | musical | motivated | multilingual

Natural | nonconformist

"Old soul" | optimistic | organized | outdoorsy | my own person

Patient | persistent | poised | positive | have stage presence | problem solver

Quick | quirky

Reader | reliable | researcher | resourceful | respectful | responsible | risk-taker

Scientific | self-starter | sensitive to others | spiritual | sponge for ideas | sports nut | stand out from the crowd | social | strong-willed | studious

Take-charge person | natural teacher | team player | techie | tenacious | deep thinker | thirsty for knowledge | travel lover | trustworthy

Unafraid | unpretentious | upfront

Vivacious

Willing to step up | wise beyond my years | worldly | strong writer

Zealous